



# BASE CAMP

An overnight experience on your school grounds

## Real life adventure is closer than you think...

Base Camp is an exciting new way for your pupils to experience a night under the stars and all the adventure that comes with such an experience - all in the safety of the familiar surroundings of your school grounds.

### Discover the real meaning of adventure...

Our expedition leaders will spend a full two days and one night with you and your pupils; challenging them to learn new skills, develop their confidence and discover the real meaning of adventure.

This immersive experience, with authentic expedition kit and real-life explorers at the helm, offers an excellent supplement to your outdoor education programmes and a particularly good progression route.

### Learning outcomes

Your pupils will have the chance to learn a wide range of skills including:

- First aid in the outdoors
- Countryside Code
- Shelter building
- Navigation
- Team building and communication
- How to use outdoor equipment



Discover more  
[www.entrustoutdoors.co.uk](http://www.entrustoutdoors.co.uk)

# A taste of the adventure



## Sample itinerary

This sample itinerary will give you a flavour of your school's Base Camp adventure. As part of the planning process, we will work with your school to develop an exciting and vibrant itinerary.

### DAY ONE

Time	Team 1 & Team 2	Team 3 & Team 4	Team 5 & Team 6
<b>Morning</b>	Arrival and set-the scene		
<b>Morning</b>	Introduction to the day		
<b>Morning</b>	Icebreakers, issue and check kit		
<b>Morning</b>	Set up camp and move in		
<b>Morning</b>	Fire lighting & Bushtucker challenge	Teambuilding tasks	Shelter building
<b>Afternoon</b>	Lunch		
<b>Afternoon</b>	Shelter building	Fire lighting & Bushtucker challenge	Teambuilding tasks
<b>Afternoon</b>	Teambuilding tasks	Shelter building	Fire lighting & Bushtucker challenge
<b>Afternoon</b>	Expedition meal		
<b>Evening</b>	Wide game (to include half time marshmallows and hot chocolate)		
<b>Evening</b>	Campfire then bed time		

### DAY TWO

Time	Team 1 & Team 2	Team 3 & Team 4	Team 5 & Team 6
<b>07:00</b>	Breakfast		
<b>Morning</b>	Pack kit, de-camp		
<b>Morning</b>	Icebreakers/energisers and a recap/review of yesterday, followed by a look forward to the day ahead		
<b>Morning</b>	Adventure Trek in local area (dependant on school location) (inc how to wear a rucksack properly, appropriate expedition clothing, a First Aid casualty evacuation scenario, navigation, an introduction to the Countryside Code, flora and fauna)		
<b>Morning</b>	Return to Base Camp for lunch		
<b>Afternoon</b>	Lunch time - accompanied by a group discussion on healthy eating and physical fitness		
<b>Afternoon</b>	Team presentation preparation time		
<b>Afternoon</b>	Team presentations on explorers and exploration (eg. a simple presentation, or a sketch, or a song, or a rap). Art and craft materials and clothing/equipment for dressing up will all be made available to team members		
<b>Afternoon</b>	Certificates, review and conclusion		
<b>14:00</b>	Depart		

## Book your Base Camp adventure today!

For more information, or to book your Base Camp adventure please call **0333 300 1900** or email **oecbookings@entrust-ed.co.uk**

Discover more

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